Cookies

What are cookies?

A cookie is a small amount of data sent to your computer or mobile phone from a website. This means the website can recognise your device (your computer or mobile phone) if you return to the same site. A cookie often includes a unique identifier, which is a randomly generated number. This is stored on your device's hard drive. Many cookies are automatically deleted after you finish using a website. Cookies are not programs and do not collect information from your device.

Cookies may come with or without an expiry date. Cookies without an expiry date exist until the browser is closed, while cookies with an expiry date may be stored by the device until the expiry date passes.

How we use cookies

We use cookies on this website to make your experience of using it faster and easier. We also use cookies (from Google Analytics) to find out how you use the website. These collect anonymous information about your visits, such as your internet provider, your browser, how long you stay on the site and what pages you visit. None of this information can be linked to you and is used by us only to help improve the website. For instance, if we know which sections are most often used and which are visited less often and for less time, we can make changes that will enable the website to better meet the needs of our diverse range of visitors.

You can restrict or block cookies set by this website but this may affect your experience on the website; parts of the site may not work or may not work properly.

How to manage your cookies

Cookies are sent to your browser (whether you use Internet Explorer, Google Chrome, Safari or any other browser) by a website and then stored in the cookies directory of your device. To check and update your cookies settings, you will need to know what browser you are using and what version of it you have. You can usually find this out by opening the browser (just as if you were going to use the internet) and then clicking on 'Help' and then 'About'. This will give you information about the browser version you are using.

To find out how to allow, block, delete and manage the cookies on all standard web browsers, go to www.aboutcookies.org and select the browser and version you are using. You'll also find information about how to delete cookies from your computer. If you use a mobile phone to browse the website or other sites that use cookies, please refer to your handset manual for guidance.

For further information about cookies see www.allaboutcookies.org/.